ABSTRACT OF THE INVENTION

The finger pad shield, when placed in contact with the bowler's finger pad places a rigid surface between the force against the finger pad and spreads that force, when the bowler's maximum natural force is applied to the bowling ball at the moment of release. It is at this moment when the force of the ball against the finger pad is the greatest and the pressure within the contact area made by the finger pad shield with the finger pad, would be increased if that bowling ball force was not spread over that contact area. The rigid finger pad shield is made sufficiently rigid material to substantially resist the force of the bowling ball so the force against the finger pad shield 14 is spread over the contact area.